



MILES FOR SMILES
Saturday, May 14, 2011
Olander Park, Sylvania
Race/Walk Registration Form

HAVE FUN
GET FIT
GIVE BACK

PLEASE PRINT

FULL NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 PHONE _____ EMAIL _____
 DENTAL OFFICE AFFILIATION _____

Date of Birth _____ Age _____ Gender () M () F
 Please Mark: () 5K Timed Run () 5K Fun Run/Walk () Kids' 1/2-Mile Fun Run*
 T-shirt size (check one): Adult -- () Small () Medium () Large () X-Large () XX-Large
 Child -- () Youth Small () Youth Medium () Youth Large

Note: Registrations must be received and paid by Thursday, April 14, for guaranteed t-shirts.

T-shirts can be picked up at the Toledo Dental Society office Monday through Friday, May 9 to 13, 9:30 a.m. to 4:30 p.m. or the morning of the 14th at the pre-registration table.

ADULT REGISTRATION FEE: \$20 (includes t-shirt for registrations received and paid by Thursday, April 14). \$ _____
 Registrations received and paid after April 14 will receive t-shirts as long as supplies last.

ADDITIONAL REGISTRATIONS -

Adults (13 and older) \$20 each. Children (12 and under) \$10 for the first child, \$5 for each additional child per family.

FULL NAME _____ \$ _____
 Date of Birth _____ Age _____ Gender () M () F T-shirt size _____
 Please Mark: () 5K Timed Run () 5K Fun Run/Walk () Kids' 1/2-Mile Fun Run*

FULL NAME _____ \$ _____
 Date of Birth _____ Age _____ Gender () M () F T-shirt size _____
 Please Mark: () 5K Timed Run () 5K Fun Run/Walk () Kids' 1/2-Mile Fun Run*

FULL NAME _____ \$ _____
 Date of Birth _____ Age _____ Gender () M () F T-shirt size _____
 Please Mark: () 5K Timed Run () 5K Fun Run/Walk () Kids' 1/2-Mile Fun Run*

FULL NAME _____ \$ _____
 Date of Birth _____ Age _____ Gender () M () F T-shirt size _____
 Please Mark: () 5K Timed Run () 5K Fun Run/Walk () Kids' 1/2-Mile Fun Run*

FULL NAME _____ \$ _____
 Date of Birth _____ Age _____ Gender () M () F T-shirt size _____
 Please Mark: () 5K Timed Run () 5K Fun Run/Walk () Kids' 1/2-Mile Fun Run*

FULL NAME _____ \$ _____
 Date of Birth _____ Age _____ Gender () M () F T-shirt size _____
 Please Mark: () 5K Timed Run () 5K Fun Run/Walk () Kids' 1/2-Mile Fun Run*

***Kids' 1/2-Mile Fun Run begins at approximately 9:15 a.m. Adult accompaniment required.**

*Make checks payable to Miles for Smiles Toledo.
 All donations are tax deductible.*

TOTAL REGISTRATION FEES ENCLOSED \$ _____
--

To pay by credit card: Account number _____
 Expiration date ____ / ____ V-code _____ Signature _____
 Billing Address _____

*Credit card registrations can be faxed to the Toledo Dental Society at 419-473-0860.
 Otherwise, send form and check to Toledo Dental Society, 4895 Monroe Street, Suite 103, Toledo, Ohio 43623.*

Questions? Contact Beverly Norwalk, Executive Director, at 419-474-8611.
Additional information and all forms are available at the website milesforsmilestoledo.org.

Waiver

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: contact with other participants, the affect of the weather, including high heat and/or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, I-pods and radio headsets are not allowed in the race, and I will abide by this guideline. Having read this waiver and knowing these facts in consideration of your accepting my entry, I, for myself and anyone enabled to act on my behalf, waive and release Miles for Smiles, the Toledo Dental Society, the Dental Center of Northwest Ohio, all sponsors, their representatives and successors from all damage or injuries of any kind arising out of my participation in this event, though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I further grant permission to this race and organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose.

Signature: _____ Date _____

Parent's Signature _____ (if under 18 years of age)

Awards – 5K Run: Medals awarded to top male and female runners for each of the following categories:
Age 19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 and over.
Awards 2 deep given in each age group. Overall male and female first place awards.

Location – Olander Park, Nederhouser Community Shelter (east side of park).
Olander Park is located on Sylvania Avenue, 1.2 miles west of Holland-Sylvania.
Entrance is on the north side of Sylvania Avenue.
Parking is available at Boulevard Church of Christ, Sylvania Senior Center, and
Tam O Shanter (back area of parking lot/north location).
For printable map and directions, see directions at milesforsmilestoledo.org.

Kids' Fun Run – All registered kids will receive a participation medal, goody bag & t-shirt.
* Kids' run starts at approximately 9:15 a.m. **Adult accompaniment required.**

Sponsored Walk – Sign up as many sponsors as you can! Suggest a \$10 donation or whatever they can afford.

Race/Walk Day – The run/walk will take place rain or shine. The route will be clearly marked.
Pets are prohibited for the event.

Time – Registration starts at 7:30 a.m. Arrive early enough to park and check in if you are unable to pick up your t-shirt the week of May 9 – 13 at the Toledo Dental Society office.

Walk/Run Begins – 9:00 a.m. Most people can complete a 5-kilometer (about 3 miles) route in 45 minutes to 1.5 hours.